

Junior Surf Beach & Surf Supplementary Training Programme

Over the last 5 years the Club has been very fortunate in being able to offer athletes an additional, specialised programme run by experienced surf lifesaving coaches.

The purpose of this programme is to provide our young members 10 years of age and older with a pathway to developing their strength, build confidence and determination while improving their beach and surf skills. The programme is designed to develop tomorrow's surf lifeguards.

The programme is designed for

- those who want to improve specific skills and surf lifesaving competencies
- those who are aiming to attain their Surf Lifeguard Award
- those who wish to excel as part of the Club's Rookie Lifeguard team
- those who wish to compete at Surf Lifesaving NZ competitions

It is more difficult to secure grant money to cover all of the costs of this intensive coaching programme and the Club is unable to offer these services free of charge.

The programme is available to athletes aged 10 years and over.

The fee will include;

1. Being a member of the supplementary skills training programme
2. All surf coaching as well as visiting speciality coaches
3. Board hire (subtracted for those who own their own boards)
4. Friday night Ocean Swim/Paddle & Run.
5. Saturday and Sunday programmes
6. Coached weekday after school sessions
7. Written programme provided for independent or parent-directed sessions (optional)
8. School holiday surf sport programme
9. Personalised programmes for out-of-town athletes

The cost of this supplementary skills training programme for the 2022/23 season is;

(A) - U13 & U14: \$250 full programme plus swim training squad fees

(B) - U13 & U14: \$150 up to 50 sessions plus swim training squad fees (over 50 sessions charged at casual rate of \$4 each)

(C) - U11 & U12: \$175 full programme plus swim training squad fees

(D) - U11 & U12: \$105 up to 35 sessions plus swim training squad fees (over 35 sessions charged at casual rate of \$4 each) Programme dates from October 2022 till February 2023

To assist parents with this payment we can invoice this amount over three months, with the first invoice generated in November 2022.

Enrolment form for 2022/23 supplementary skills training programme:

Name of athlete/s

1. _____
Programme (A) ☐ (B) ☐ (C) ☐ (D) ☐

2. _____
Programme (A) ☐ (B) ☐ (C) ☐ (D) ☐

Parent/Caregiver Name _____

Parent Caregiver Signature _____

☐ invoice as one payment

☐ spread payment over 3 months

(by signing the agreement you are committing to the full amount even though payments are spread.)

Office use

Invoice number _____

Date _____