

Waihi Beach

LIFEGUARD SERVICES INC

CLUB CHAMPS 2025

Saturday 19th April



Age Groups

U16 - male and female
U19 - male and female
Open - male and female
Masters - male and female
Athletes can only enter their specific age group, there will be no 'racing up'.
Juniors race at U16.

Water Events

Surf Race
*handicap race also
Breastroke Race
*handicap race also
Board Race
Ski Race (U15 +)
Diamond (U11-U15)
Iron (U16 +)

Beach Events

Sprints
Beach Flags



Scan to Register



Free Drink



Enter & compete in two events to get your first drink free!

*18+ for alcohol and excludes iced drinks & smoothies.

Drinks and hot chips on the Deck after Club Champs, followed by prizegiving



[Link to register or scan QR code](#)



Event Rules

Annual Club Champs

Event Rules, Race Descriptions, Point System and Handicap

Event Rules

1. Club Champs is open to ALL Senior Members, including Masters with a current financial membership status of Waihi Beach Lifeguard Services.
 - i. Surf Lifeguard Award Refreshers or newly qualified Surf Lifeguard Award must be current.
 - ii. Masters competitors may compete if they hold the SLGA (unrefreshed), however, assurance is sought as to physical fitness and competence.
2. Junior Club members U13+ this season who have a current 200m safety badge may enter. Please note there is discretion on this; for Health & Safety considerations, participants must have competition experience (ERC's / Oceans). Rookie Lifeguards with no competition experience may enter, however, they must be competent on a kneeboard to participate in board events.
3. Conditions on the day of the event may limit some races to older age groups.
4. Competitors may only enter their specific age group based on age at 30 September of the current season; there will be no "racing up". Masters competitors may elect to compete in Open events if their SLGA is refreshed; however, they will do so for the entire competition.
5. Competitors U15 on 30 September of the current season must be competent on a ski in order to compete in ski events.



6. Event Referee will brief all competitors prior to the start of the event.
7. Surf Races and Breaststroke races are run as one race each, with age group and handicap placegetters determined at the end of the races - see Points and Handicap rules below.
8. Depending on race entries, age groups / genders may race together, except for Beach Flags events, which must always be run as separate age groups and gender.

Race Descriptions and Details



1. **“Shoot Through Shield”** - ‘all in’ team relay (Choc Fish and Trophy) • Teams of 4 drawn at random across all age groups where possible (U13-17,U19, Open, Masters) • Each team member completes one leg each with all 4 involved in leg 1

- IRB Hull paddle - the whole team paddles the hull around the set course, finishing on the beach • team member dons fins and boogie board and makes their way around the set course, tagging the next team member • 6ft board race around set course, tagging final team member on the beach
- run wade run around set course, with sprint to finish line

First team home declared the winner!



2. **“King of the Mountain”** – historical Club event with “Viking” horns trophy and major bragging rights attached • Individual event open only to refreshed lifeguards who hold the rock module award • Race starts with a run to the Orokawa Track and up to the start of the descent. • Competitors descend the cliff onto the rocks, enter the water and swim back to shore before running to the finish line in front of the Club



3. **“Fins Running Relay”** - ‘all in’ team relay (Choc Fish) • Teams of 3, drawn at random (male / female / mixed may be entered) • Each team member runs 1 leg of sprint track with the fins being the baton • Each team member dons the fins BEHIND the changeover line before proceeding to make their way down the track

4. **“Dash for Cash”** - ‘all in’ individual \$2 entry fee • Event is ‘conditions’ dependent • If there is surf we will run a world wave from set point in the water • First person up and across the line will win the cash

Race Descriptions and Details Cont



5. 2 km Race 'all in' (individual or team of 2) • Run as one single race for all with an option of being an individual competitor or team • Individual competitor races for 'age group' club points • 2 x 1 km team race for chocolate fish (any age / gender)

Points System

Points will be determined by the maximum number of registered entries in each age group. Example - U16 Female - 12 competitors

1st - 12 points | 2nd - 11 points | 3rd - 10 points
down to ... 12th - 1 point

Should competitors elect to scratch an event, max points will remain the same eg 1st - 12 pts etc

Highest points wins

Handicap Races

Subtract the following handicap points to results to determine the winner of the handicap events Top 3 individual placing at Regional Event -5 Top 3 individual placing National Event -10 Achieved finals at Regional Event -2 Achieved finals at National Event -3

NB: The above placings are relevant to the current competition year (not historical)

Never competed in a surf lifesaving sport swim race, pool or ocean +8 points

Age handicap

10-19 -5 points

20-35 -3 points

35 years and over -2 points

50 years and over +5 points

60 years and over +8 points

